Countries with **mandatory** or **voluntary** interpretive labels on packaged foods and drinks
Countries with **mandatory** or **voluntary** interpretive labels on packaged foods and drinks

- **mandatory**: Ecuador, China, Singapore, Thailand, Argentina, Philippines, Brunei
- **voluntary**: Canada, Australia, New Zealand, United Kingdom, Portugal, Spain, Austria, Belgium, France, Germany, Luxembourg, Switzerland, Mexico, Colombia, Venezuela, Peru, Chile, Uruguay, Brazil, South Africa, Zimbabwe

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Countries with **mandatory** interpretive labels on packaged foods and drinks

- **Ecuador** 2014
- **Peru** June 2019
- **Chile** June 2016
- **Argentina** August 2022
- **Mexico** October 2020
- **Uruguay** March 2021
- **Brazil** October 2022
- **Venezuela** December 2024
- **Colombia** Passed 2021, implementation pending
- **Canada** January 2026
- **Israel** January 2020
- **Sri Lanka** 2016
- **Iran** 2015
- **Thailand** 2007
- **Singapore** December 2022
- **Venezuela** December 2024
Countries with **mandatory warning labels** on packaged foods and drinks

**Mexico** | Implemented October 2020
---
Warning label(s) if exceeds set content thresholds for:
- Calories
- Saturated fat
- Sugar
- Trans fats

Additional warning text warnings for products containing caffeine or artificial sweeteners.

**Canada** | Passed July 2022
---
*Industry has until January 1, 2026 to comply*
Warning required if product exceeds set content thresholds for:
- Sodium
- Sugar
- Saturated fat

**Israel** | Implemented January 2020
---
Warning required if product exceeds set content thresholds for:
- Sodium
- Sugar
- Saturated fat

**Colombia** | Passed July 2021, regulatory norms not yet issued
---
Warning label(s) if exceeds set content thresholds for:
- Calories
- Sugar
- Sodium
- Saturated fat

“High-in” products are also restricted from marketing to children and sales/promotion in school settings.

**Venezuela** | Passed December 2021, implementation December 2024
---
Warning if exceeds set content thresholds for:
- Sodium
- Saturated fat
- Sugar
- Total fats

Products with >1 warning label and/or warnings for trans fats must include the text “avoid excessive consumption.”

**Argentina** | Passed November 2021, Implementing by August 2022
---
Warning label(s) if exceeds set content thresholds for:
- Sodium
- Saturated fat
- Calories
- Total fats

Products with warning labels will also be restricted from sales/promotion in schools and advertising directed to children and adolescents.

**Chile** | Implemented June 2016
---
Warning label(s) if exceeds set content thresholds for:
- Calories
- Sugar
- Sodium
- Saturated fat

“High-in” products are also restricted from marketing to children and sales/promotion in school settings.

**Peru** | Implemented June 2019
---
Warning label(s) if exceeds set content thresholds for:
- Sodium
- Sugar
- Saturated fat
- Trans fats

Products with >1 warning label and/or warnings for trans fats must include the text “avoid excessive consumption.”

**Brazil** | Implementing October 2022
---
Warning label(s) if exceeds set content thresholds for:
- Sodium
- Sugar
- Saturated fat

**Uruguay** | Implemented March 2021
---
Warning if exceeds set content thresholds for:
- Sodium
- Saturated fat
- Sugar
- Total fats

**Canada** | Passed July 2022
---
Industry has until January 1, 2026 to comply
Warning required if product exceeds set content thresholds for:
- Sodium
- Sugar
- Saturated fat

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Countries with government-endorsed voluntary interpretive labels

- Denmark
- Iceland
- Lithuania
- Norway
- Sweden
- United Kingdom
- Portugal, Spain
- Austria, Belgium
- France, Germany
- Luxembourg
- Switzerland
- Croatia
- Slovenia
- Israel
- Czech Republic
- Poland
- United Arab Emirates
- South Africa
- Zimbabwe
- Argentina
- Mexico
- United States
- Australia
- New Zealand
- Japan
- China
- Thailand
- Philippines
- Brunei
- Indonesia
- Malaysia
- Singapore

Voluntary labels include NUTRI-Score, VOLUNTARY, South Africa, the Heart and Stroke Foundation, and others.

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